**Words 1**

Look, read, and choose.

|  |  |
| --- | --- |
| 1. The doctor is looking at some bacteria through \_\_\_\_\_.    * an infection    * a virus    * influenza    * a microscope |  |
| 1. This girl is sick and in bed, but she probably just got a \_\_\_\_\_.    * mucus    * common cold    * infection    * fluid |  |
| 1. He’s washing his hands so he doesn’t get \_\_\_\_\_ with any diseases.    * cells    * mucus    * infected    * fluid |  |
| 1. In this picture, you can see lots of red blood \_\_\_\_\_ .    * microscopes    * virus    * cells    * bacteria |  |
| 1. His body kept producing \_\_\_\_\_, and he kept coughing and sneezing.    * virus    * bacteria    * mucus    * microscope |  |
| 1. This is what a \_\_\_\_\_ looks like through a microscope.    * mucus    * influenza    * disease    * virus |  |
| 1. The doctor asked him to \_\_\_\_\_ some horrible medicine.    * scrape    * paralyze    * swallow    * infect |  |

**Words 2**

Read and complete.

|  |  |
| --- | --- |
| 1. \_\_\_\_\_\_\_\_\_\_\_ |  |
| 1. \_\_\_\_\_\_\_\_\_\_\_ |  |
| 1. \_\_\_\_\_\_\_\_\_\_\_ |  |
| 1. \_\_\_\_\_\_\_\_\_\_\_ |  |
| 1. \_\_\_\_\_\_\_\_\_\_\_ |  |
| 1. \_\_\_\_\_\_\_\_\_\_\_ |  |
| 1. \_\_\_\_\_\_\_\_\_\_\_ |  |
| 1. \_\_\_\_\_\_\_\_\_\_\_ |  |
| 1. \_\_\_\_\_\_\_\_\_\_\_ |  |
| 1. \_\_\_\_\_\_\_\_\_\_\_ |  |

**Read 1**

Read and choose.

|  |
| --- |
| **The Common Cold**  Last week I had a terrible case of the common cold, but my mom thought it was influenza, so I didn’t go to school. It really hurt when I swallowed solid food, so my mom made me a nice, warm drink.  Because I still felt very sick the next day, my mom took me to the doctor. I couldn’t stop sneezing in his office. “Why am I sneezing so much?” I asked. “Well,” he replied, “you’re infected with a disease, so your immune system is making more mucus than usual to fight the virus, and this makes you sneeze.” “How do you know all that?” I asked. “If I scraped your mouth to collect a sample, I’d be able to see the tiny, harmful virus under a microscope,” he said. “The virus causes the common cold.”  The doctor told me I should drink a lot of fluid and stay in my soft, comfortable bed. The next day I felt much better. |

1. I didn’t go to school because ...
   * I couldn’t swallow anything.
   * I couldn’t stop sneezing.
   * my mom thought I had influenza.
   * I had influenza.
2. My mom took me to the doctor and I couldn’t stop ...
   * sneezing in his office.
   * coughing.
   * swallowing.
   * asking him questions.
3. The doctor told me that I was sneezing because ...
   * I was eating too much mucus.
   * I felt sick.
   * I was asking too many questions.
   * my body was fighting a disease and making more mucus.
4. The common cold is caused by ...
   * tiny microscopes.
   * a virus.
   * mucus.
   * influenza.
5. The doctor told me to ...
   * go back to school.
   * drink lots of fluid and stay in bed.
   * take a bath and stay in bed.
   * stop sneezing.

**Read 2**

Read and complete.

|  |
| --- |
| **The Common Cold**  Last week I had a terrible case of the common cold, but my mom thought it was influenza, so I didn’t go to school. It really hurt when I swallowed solid food, so my mom made me a nice, warm drink.  Because I still felt very sick the next day, my mom took me to the doctor. I couldn’t stop sneezing in his office. “Why am I sneezing so much?” I asked. “Well,” he replied, “you’re infected with a disease, so your immune system is making more mucus than usual to fight the virus, and this makes you sneeze.” “How do you know all that?” I asked. “If I scraped your mouth to collect a sample, I’d be able to see the tiny, harmful virus under a microscope,” he said. “The virus causes the common cold.”  The doctor told me I should drink a lot of fluid and stay in my soft, comfortable bed. The next day I felt much better. |

|  |
| --- |
| influenza virus microscope swallowed infected  immune scrape cold mucus warm |

1.  Last week I had a \_\_\_\_\_\_\_\_\_\_ , but my mom thought it was \_\_\_\_\_\_\_\_\_\_ ,so I didn't go to school.

2.  My throat hurt when I \_\_\_\_\_\_\_\_\_\_ solid food, so my mom made me a nice, \_\_\_\_\_\_\_\_\_\_ drink.

3.  The doctor told me that I was \_\_\_\_\_\_\_\_\_\_ with a disease, so my \_\_\_\_\_\_\_\_\_\_ system was making more \_\_\_\_\_\_\_\_\_\_ than usual.

4.  The doctor also told me he could \_\_\_\_\_\_\_\_\_\_ my mouth to collect a sample.

5.  You can see the tiny, harmful \_\_\_\_\_\_\_\_\_\_ that causes the common cold if you look at it under a \_\_\_\_\_\_\_\_\_\_ .

**Read 3**

Read and choose.

|  |
| --- |
| **The Common Cold**  Last week I had a terrible case of the common cold, but my mom thought it was influenza, so I didn’t go to school. It really hurt when I swallowed solid food, so my mom made me a nice, warm drink.  Because I still felt very sick the next day, my mom took me to the doctor. I couldn’t stop sneezing in his office. “Why am I sneezing so much?” I asked. “Well,” he replied, “you’re infected with a disease, so your immune system is making more mucus than usual to fight the virus, and this makes you sneeze.” “How do you know all that?” I asked. “If I scraped your mouth to collect a sample, I’d be able to see the tiny, harmful virus under a microscope,” he said. “The virus causes the common cold.”  The doctor told me I should drink a lot of fluid and stay in my soft, comfortable bed. The next day I felt much better. |

1. What’s the main idea of the text?
   * People who have a cold or the flu don’t need to go to school.
   * The common cold is caused by a virus, might cause flu-like symptoms, but can be treated with plenty of fluids and rest.
   * The immune system makes more mucus to fight the common cold virus, and the mucus makes you sneeze.
2. What is the theme of the text?
   * The common cold can make you feel really sick, but if you rest and drink liquids, you will get better.
   * If you don’t feel well for two days, you should see a doctor.
   * Your body can’t fight the common cold.

**Grammar in Use 1**

Read and match.

|  |
| --- |
| beautiful large purple tiny round big ugly  nasty square ancient light blue horrible |

|  |  |  |
| --- | --- | --- |
| **opinion** | **size or age** | **shape or color** |
|  |  |  |

**Grammar in Use 2**

Rearrange the words to make sentences.

|  |
| --- |
| red virus the disease inside her body a was caused by tiny, |

1. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

|  |
| --- |
| mucus horrible, green some he coughed up |

2. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

|  |
| --- |
| looked at red big, spot the doctor on his neck painful, the |

1. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_

|  |
| --- |
| and got a cut on his leg nasty, deep he fell over |

4. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

|  |
| --- |
| large, examine him noisy, machine to the nurse white used a |

5. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

|  |
| --- |
| the doctor was a tall, woman young |

6. \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_ .

**Grammar in Use 3**

Read and complete.

|  |
| --- |
| delicious, huge nasty, painful round, blue, metal  beautiful, new, red nice, pretty, young |

1.  I had a \_\_\_\_\_\_\_\_\_\_\_\_ infection in my stomach.

2.  My teacher is a \_\_\_\_\_\_\_\_\_\_\_\_ woman with a lovely smile.

3.  He bought a \_\_\_\_\_\_\_\_\_\_\_\_ car with a massive engine.

4.  The food was wonderful. I got this \_\_\_\_\_\_\_\_\_\_\_\_ shrimp sandwich and ate it all.

5.  She was holding a \_\_\_\_\_\_\_\_\_\_\_\_ box in her hands.

**Grammar in Use 4**

Read and choose.

1.  The doctor examined the virus with a old / big / blue / fat , black, metal microscope.

2.  The nurse was a wonderful, small, young / big / interesting / blue lady.

3.  I had influenza, so my mom made me a nice, young / warm / metal / noisy bowl of soup.

4.  When I was riding my bike, I accidentally swallowed a horrible / pretty / young / nice , black fly! Yuck!

5.  The doctor wore shiny, young / green / new / beautiful , black glasses and an elegant suit.

6.  They took me to a clean, new, young / pretty / old / white hospital.

**Listening**

Listen and complete.

|  |  |
| --- | --- |
| swallowed influenza paralyze Viruses  infect microscope diseases common cold  mucus immune bacteria scrape cells |  |

**Narrator:** \_\_\_\_\_\_\_\_\_\_\_ may be small, but they can cause many kinds of \_\_\_\_\_\_\_\_\_\_\_ and illnesses in the human body. Today, super scientist Max Axiom hopes to get a better understanding of these fascinating, tiny visitors.  
  
**Assistant:** Viruses are much smaller than \_\_\_\_\_\_\_\_\_\_\_ . They're so small that you can't see them with a regular microscope. You need a powerful electron \_\_\_\_\_\_\_\_\_\_\_ like this one to see them. Here's a virus that causes the \_\_\_\_\_\_\_\_\_\_\_ .  
  
**Max Axiom:** Viruses cause many diseases in plants, animals, and people. I'll shrink down to their size to take a closer look. I'll need to get smaller than cells and bacteria for a good view of viruses.  
  
Just like bacteria, viruses come in many different shapes, like balls, bullets, and rods. This is polio, a virus that can \_\_\_\_\_\_\_\_\_\_\_ people it infects. Here's the \_\_\_\_\_\_\_\_\_\_\_ virus, which causes the flu.  
  
**Narrator:** Later that day…  
  
**Max Axiom:** Thank goodness the body has an \_\_\_\_\_\_\_\_\_\_\_ system to fight viruses. Let's look at how our bodies defend themselves.  
  
Your skin acts like a suit of armor. Its top layer is made of dead \_\_\_\_\_\_\_\_\_\_\_ ,so viruses can't find live cells to \_\_\_\_\_\_\_\_\_\_\_ .But if you have a cut or \_\_\_\_\_\_\_\_\_\_\_ ,viruses may get in. They can infect the live cells underneath your skin.  
  
Your body fights viruses in other ways as well. When you breathe in viruses, some of them get trapped in your nose hairs. Some of the viruses that make it past the hairs get trapped in a slimy fluid called \_\_\_\_\_\_\_\_\_\_\_ . Mucus carries the viruses to the back of the throat, where they are \_\_\_\_\_\_\_\_\_\_\_ . When the viruses reach your stomach, they're usually destroyed by stomach acids. But sometimes a few viruses get past these first defenses. Then they are able to infect cells.  
  
But our bodies have yet another defense against viruses. Let's enter the bloodstream for a closer look at a cell under attack. We fight back with white blood cells in our bloodstream. When our cells are under attack, white blood cells come to their aid. White blood cells can kill the virus or the infected cell.  
  
**Narrator:** At one time, people knew very little about viruses. Thanks to scientists like Max Axiom, humans can know much more about these viruses and how to stay healthy when they attack.

**Speaking**

Listen, record Part A or B, then check.

|  |  |
| --- | --- |
| A:What do you do when you catch a cold?  B:I drink a lot of water and sleep as much as I can. What do you do?  A:I usually eat soup and drink tea.  B:How do you stay healthy?  A:I try to exercise each day. What about you?  B:I usually eat a lot of vegetables and wash my hands often. |  |

**Word Study**

Listen and match.

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**Writing Study**

Read and match.

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| --- |
| Take a shower every day. Don’t be horrible to people.  Don’t put your fingers in your mouth. Exercise every week.  Don't put your pen in your mouth. Don’t eat food from the floor.  Be nice to other people. Cover your mouth when you cough.  Wash your hands after you visit the bathroom. Don’t eat with your mouth full. |

|  |  |
| --- | --- |
| **Affirmative command** | **Negative command** |
|  |  |